

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Apples 1% & Fat Free Milk	Turkey Bacon w/ Grits Oranges 1% & Fat Free Milk	WW Croissant w/ Butter & Jelly Honeydew 1% & Fat Free Milk	Buttermilk Biscuits w/ Turkey Sausage Pears 1% & Fat Free Milk	Strawberry Waffles Bananas 1% & Fat Free Milk
LUNCH	Pasta Alla Rosa w/ Sundried Tomatoes & Spinach Mozzarella Cheese Sautéed Corn Garden Salad Bananas 1% & Fat Free Milk	Roasted Turkey Breast w/ Gravy Seasoned Herb Yellow Rice Buttered Green Beans Garden Salad Pears 1% & Fat Free Milk	Buffalo Chicken Wraps WW Wraps Cut Carrots Apples 1% & Fat Free Milk	Beef Tacos WW Hard Shell Black Bean salsa Lettuce & Pico de Gallo Oranges 1% & Fat Free Milk	Jerk Chicken Drumsticks Focaccia Bread Steamed Cabbage Garden Salad Pineapple 1% & Fat Free Milk
SNACK	Applesauce 1% & Fat Free Milk	Trail Mix 1% & Fat Free Milk	WW Pretzels w/ Mustard 1% & Fat Free Milk	Blueberry Muffins 1% & Fat Free Milk	Rice Cakes w/ Jam 1% & Fat Free Milk

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	<p>Red Rabbit O's</p> <p>Apples 1% & Fat Free Milk</p>	<p>Turkey Bacon w/ Grits</p> <p>Oranges 1% & Fat Free Milk</p>	<p>WW Croissant w/ Butter & Jelly</p> <p>Honeydew 1% & Fat Free Milk</p>	<p>Buttermilk Biscuits w/ Turkey Sausage</p> <p>Pears 1% & Fat Free Milk</p>	<p>Strawberry Waffles</p> <p>Bananas 1% & Fat Free Milk</p>
LUNCH	<p>Pasta Alla Rosa w/ Sundried Tomatoes & Spinach Mozzarella Cheese</p> <p>Sauteed Corn Garden Salad</p> <p>Bananas 1% & Fat Free Milk</p>	<p>Roasted Turkey Breast w/ Gravy Seasoned Herb Yellow Rice</p> <p>Buttered Green Beans Garden Salad</p> <p>Pears 1% & Fat Free Milk</p>	<p>Buffalo Chicken Wraps WW Wraps</p> <p>Cut Carrots</p> <p>Apples 1% & Fat Free Milk</p>	<p>Beef Tacos WW Hard Shell</p> <p>Black Bean salsa Lettuce & Pico de Gallo</p> <p>Oranges 1% & Fat Free Milk</p>	<p>Jerk Chicken Drumsticks Focaccia Bread</p> <p>Steamed Cabbage Garden Salad</p> <p>Pineapple 1% & Fat Free Milk</p>
SNACK	<p>Applesauce 1% & Fat Free Milk</p>	<p>Trail Mix Mozzarella & Cheddar Cubes 1% & Fat Free Milk</p>	<p>WW Pretzels w/ Mustard 1% & Fat Free Milk</p>	<p>Blueberry Muffins 1% & Fat Free Milk</p>	<p>Garden Salad 1% & Fat Free Milk</p>

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.